



**THE SUNSET BEACH**  
RESORT & SPA - TALING NGAM

# THE SUNSET SPA MENU

Open Daily: 09.00 - 21.00 hours



## MASSAGE THERAPY

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### Sunset Signature (60/90 Minutes)

1,700/2,000 ₺

A deep tissue massage which helps in healing, harmonizing and rejuvenating for relaxation and rebalancing of the energy flow in the body.

### Hot Stone Therapy (90 Minutes)

2,900 ₺

This massage combines aromatic oils and penetrating warmth to release stored tension by placing basalt stones on key energy centers for total relaxation.

### Lymphatic Circulation (Massage 75 Minutes)

2,500 ₺

This massage techniques help to relax and the manipura herbal heat increases circulation of blood It is good for blood vessels, reduces pain, swelling, muscle tension and joints.

### Sunset Secret (90 Minutes)

2,000 ₺

A therapy in which the body is compressed by thai herbal pouch, helps in soothing muscle tension and stiffness.

### Pregnancy Massage (60 Minutes)

1,300 ₺

The techniques used to promote relaxation and concentrate on upper back and legs to get rid of nervous tension relieve tired muscles.

### Jet-lag Massage (60/90 Minutes)

1,500/1,900 ₺

To reduce muscle tension, relaxes and soothes the body, stimulate circulation and promoting sleep.

### Island Aroma (60/90 Minutes)

1,500/1,800 ₺

Amazing way to unwind and ease stored tensions, triggering the body's natural healing process by stimulating the flow of the blood and lymph fluid.

### Swedish Massage (60/90 Minutes)

1,500/1,800 ₺

Long strokes, kneading, friction, tapping, vibration and shaking motions is ways of relaxing and revitalizing It increases oxygen flow in the blood.

### Colon Cleansing (60 Minutes)

1,800 ₺

This treatment combines massage techniques for your colon and stomach, to reduce toxins also releases toxins from the muscles.

### Ancient Thai Massage (60/90 Minutes)

1,400/1,600 ₺

A manipulation of the body using yoga-like stretching ,thumping and kneading as well as exerting pressure along the body.

### Scalp & Back Massage (45 Minutes)

1,000 ₺

Concentrate on shoulder, neck and head for relaxation and reduce headache.

### Foot-Reflexology (60 Minutes)

800 ₺

Unblocks the energy to your body structure andorgans through your feet.

## BODY POLISH

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**Skin Bliss Body Scrub (45 Minutes)** 1,400 ฿

Fresh coconut body scrub instantly makes your skin soft and smooth, healthy and highly concentrated to skin.

**Skin Pure Body Scrub (45 Minutes)** 1,400 ฿

This scrub is specially formulate to vitalize and rejuvenate your skin, powerful anti aging antioxidants with deeply vitamins.

**Sunset Signature Body Scrub (45 Minutes)** 1,500 ฿

This will help to exfoliate dead skin. It's a wonderful scrub and the effects are immediately visible, leaves you feeling squeaky clean.

**Orange Peel Body Scrub (45 Minutes)** 1,400 ฿

Fresh orange and honey with aromatic sea salt is truly a decadent way to prepare your skin cleans, softens and soothes while leaving your skin smelling delicious.

## BODY MASK

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**Skin Bliss Body Mask (45 Minutes)** 1,500 ฿

This body wrap with natural ingredient and lavender oil to moisturize your body and relax your mind, healthier looking.

**Skin Pure Body Mask (45 Minutes)** 1,500 ฿

White Clay mixed with Vitamin C has got great hydrating effects on the skin and keep the skin soft with vitamin C and prevents it against dehydration and dryness.

**Sunset Signature Body Mask (45 Minutes)** 1,600 ฿

Thai white mud, anise and herbs to cleans up dirt embeded in pores, mud composes of mineral elements including potassium magnesium which are essential for healthy and silky skin.

**After SunSoother Body Mask (60 Minutes)** 1,500 ฿

An effective skin calming treatment of fresh milk, aloe vera and cucumber helps to cool, soothe and hydrate skin.

## FACIAL TREATMENTS

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**Lymphatic Facial (75 Minutes)** 2,500 ฿

To help stimulate the lymf system, result in improved blood circulation and help achieve firmer, youthful radiant skin.

**Revitalize Facial (60 Minutes)** 1,700 ฿

A major goal in formulating a comprehensive skin rejuvenation plan is to select an effective combination of anti-aging to incorporate into your overall regimen.

**Signature Facial (60 Minutes)** 2,000 ฿

Sunset Signature Facial is an instant refresher and reduce roughness of the skin, revealing a glowing complexion.

**Thai Herbal Facial (60 Minutes)** 1,200 ฿

For all skin type with an exotic synergy of fresh ingredients essence, to purify and decongest skin and leave the skin feeling soft and fresh.

## SPA PACKAGES

<b>Sunset Heavenly Escape (3.5 Hours)</b>	<b>4,700 ₪</b>
Relax yourself with sunset secret massage, followed by revitalizing facial, choice of pedicure or manicure.	
<b>Sunset Signature (3 Hours)</b>	<b>3,900 ₪</b>
Revive your body with Thai sunset signature body scrub, followed by sunset signature massage complete the pampering by signature facial.	
<b>Island Spirit (2 Hours)</b>	<b>2,700 ₪</b>
Revitalize your skin with skin pure body polish, followed by aroma massage, complete the pampering by lymphatic face massage.	
<b>Thai Moment (2 Hours)</b>	<b>2,400 ₪</b>
Enjoy yourself with ancient thai massage and Thai herbal facial Massage.	

## NAIL CARE

• French Manicure (60 Minutes)	1,000₪
• French Pedicure (60 Minutes)	1,000₪
• Manicure (60 Minutes)	850₪
• Pedicure (60 Minutes)	850₪

## HYDRO THERAPY

<b>Aroma Milk Bath (30 Minutes)</b>	<b>1,000 ₪</b>
Bathing is a golden opportunity for multitude of relaxing and enjoyable spa treatments.	
<b>Thai Herbal Bath (30 Minutes)</b>	<b>1,000 ₪</b>
The active elements in the Thai herbs help to muscle ache and rejuvenate the body and mood.	
<b>Steam &amp; Sauna</b>	<b>600 ₪</b>
(*Free for resort guests)	

For every spa packages and treatments are including with steam and sauna.

If you are interested to use the steam and sauna facilities prior to your treatments, we advise you to arrive 30 minutes before your treatment.

